



## The Pit

## Psalm 40

1. Psalm 40 was composed by \_\_\_\_\_. It begins with \_\_\_\_\_ and ends with a \_\_\_\_\_. Based on the superscription ("for the director of music") it was meant to be \_\_\_\_\_ in worship.
2. In verses 1-3 David rejoiced that the LORD had heard and answered his plea for help during a prolonged distressful time. David had \_\_\_\_\_. The LORD:
  - "\_\_\_\_\_"
  - "\_\_\_\_\_"
  - "\_\_\_\_\_ of the slimy pit, out of the mud and mire"—
  - "\_\_\_\_\_ and gave me a firm place to stand"—
  - "put a \_\_\_\_\_ in my heart"
  - gave me a \_\_\_\_\_.
3. David knew he had been delivered because he \_\_\_\_\_, not the wisdom of the \_\_\_\_\_ or their \_\_\_\_\_ (v. 4).
4. His deliverance reminded David of the \_\_\_\_\_ the LORD had done in the past and the \_\_\_\_\_. He still had for the Israelites. \_\_\_\_\_ could compare to the LORD God (v. 5).
5. David contemplated how he could express his \_\_\_\_\_. He understood that while God had instructed the people in the Law of Moses to offer sacrifices for their sins and as an expression of gratitude, what God really wanted was \_\_\_\_\_ to Him (vv. 6-8).

6. David vowed to \_\_\_\_\_ what the LORD had done for him (vv. 9-10).
7. Even though David had rejoiced over being delivered from his crisis in vv. 1-10, now there were \_\_\_\_\_ which needed immediate attention: his own \_\_\_\_\_ and the threat of his **enemies** who wanted to \_\_\_\_\_ (vv. 11-15)
8. David prayed for those who wanted to **please the LORD**. He wanted all the people to **“search for [God] and be filled with joy and gladness in [Him]”** (v. 16 NLT).
9. David concluded by acknowledging his own **frailties**—he was \_\_\_\_\_—and acknowledging his **desperate need for God** as his \_\_\_\_\_ (v. 17).

## Spiritual App

Two things about problems -



**Some can be dealt with decisively and quickly while others seem to hang on for a prolonged period.** It's then that I must **wait patiently**—\_\_\_\_\_—on the Lord, believing that He is working on my behalf.



**They don't come one at a time.** Therefore, I need to acknowledge that I am \_\_\_\_\_, believing that He is my \_\_\_\_\_.

## HOMEWORK

Song: \_\_\_\_\_

By: \_\_\_\_\_

**REVIEW:** Psalms 40 and reread the *Spiritual App*

**READ:** Psalm 139 in preparation for next week