

2025



First Baptist Church
Covington

GriefShare®

DATE	GRIEF SHARE SESSIONS	THURSDAY 9:30 am
9-Jan	1 Is This Normal?	
16-Jan	2 Your Grief Journey	
23-Jan	CANCELLED DUE TO WEATHER	
30-Jan	3 Loneliness & Sadness	
6-Feb	4 Self-Care	
13-Feb	5 Fearful & Overwhelmed	
20-Feb	6 Anger	
27-Feb	7 Regrets	
6-Mar	NO CLASS - Mardi Gras	
13-Mar	8 Grief & Your Household	
20-Mar	9 Grief & Your Friendships	
27-Mar	10 Questions for God	
3-Apr	11 Stuck in Grief	
10-Apr	12 Hope & Resilience	
17-Apr	13 What Do I Live for Now?	